

### AVAILABLE 24/7 - FREE - ONE CALL FOR HELP - 211HOLORG

#### What is the Heart of Illinois 2-1-1?

Comprehensive information & referral connects callers with critical health and human care programs such as:

- Basic needs such as food, shelter, clothing, rent and utility assistance
- Physical and mental health services including support groups, counseling and rehabilitation
- Financial assistance and job training
- Programs for seniors such as home-delivered meals, respite care and home health care
- Childcare, after school programs, mentoring, tutoring and protective services

**If you need additional help,** please dial 211 from your cell or landline phone. If you dial 211 and cannot connect, you can also access information at (309) 999-4029 or www.211hoi.org.

# 2-1-1 HELP FOR HARD TIMES

The quick guide (see back) has been designed to provide a short list of resources if you're unemployed or adjusting to life on a reduced income. Includes local resources such as:

- employment
- food
- housing
- utilities
- legal assistance
- healthcare
- and, more help can be found by dialling 211

Guide provided by Heart of Illinois United Way and Labor Council of West Central Illinois.

#### **FMPI OYMENT SERVICES**

Tri-County (Peoria) Urban League: 309-673-7474

Unemployment Insurance, IDES: 309-671-3113 Workforce Network: 309-495-8900

#### **FOOD RESOURCES**

Ask these agencies about what is available near you:

Food Stamps-IL Dept. of Human Services: 800-843-6154 Midwest Food Bank: 691-5270 Peoria Area Food Bank: 309-671-3906

Salvation Army: 309-655-7220 Tazewell County Health Department WIC: 309-925-5511

#### HOUSING

METEC: 309-676-3832

Center for Prevention of Abuse: 309-691-0551 Human Service Center: 309-671-8000

Salvation Army: 309-655-7220

Soutside Office of Concern: 309-674-7310

#### **UTILITY ASSISTANCE**

Peoria Citizens Committee for Economic Opportunity: 309-671-3900 Tazwood Community Services: 309-266-9941 or 309-694-4391

#### LEGAL ASSISTANCE

Prairie State Legal Services: 309-674-9831

Free civil legal services for low income individuals: family law, evictions,

#### **HEALTHCARE**

Heartland Community Health Clinics: 309-680-7600

Clinics available in the Peoria area providing primary health care services, medication and referrals. Dental services provided for adults.

#### FamilyWize Prescription Drug Discount Card

If you have a prescription that is not covered by health insurance. FamilyWize offers the prescription drug discount card below which can lower the cost of your medicine by an average of 35 percent



# FREE PRESCRIPTION DISCOUNT CARD



## FOR EVERYONE — FOR IMMEDIATE USE

- Accepted Nationwide by Most Pharmacies for All Prescriptions Not Covered by Insurance
- Use as Often as Needed Make Copies for Friends and Co-Workers

080109 **Group ID** 39701 BIN 610194 **PCN** 

Pharmacies: 877-HELP-977 Members: 866-810-3784 Expires: December 31, 2020

THIS IS NOT INSURANCE – DISCOUNTS ONLY