

November 2009

Play learning games together.

Play "I Spy" games.

- Try spying different shapes like "I spy something round and orange."
- Pick a theme based on your setting such as finding animals at the park.
- Use "I Spy" games to learn numbers and counting.

Play matching card games.

- Shuffle homemade or purchased cards like Old Maid or Go Fish.
- Lay out the cards and ask your child to find the two matching cards.
- Add more pairs of cards as your child becomes more skilled at finding pairs.



Sunday

- 1** **Brown Week:**
Look for things that are brown this week.

Daylight Savings Time Ends

Monday

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Tuesday

- 3** **Election Day**

Wednesday

- 4** **Snack Time:**
Enjoy some veggies with peanut butter.

Thursday

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Friday

- 6** **Read to Me:**
Have your child find the color brown in the book you're reading.

Saturday

- 7** **Learn Shapes:**
Find things around the house that are square, round, triangles or rectangles.



- 8** **Poems and Songs:**
Sing 'Itsy Bitsy Spider' and 'I'm a Little Teapot' while acting out the motions.



- 9** **Letter Time:**
Look for things that begin with the letter 'T.'

10

- 11** **Veterans Day**

- 12** **Library Day**



- 13** **Practice:**
Have your child practice your phone number and address.

14



15 **Be with Me:**
Match socks
or cards from
a Go Fish game.

16 **What . . . ?**
Rhymes with
the word deer?



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19 **Culture and Arts:**
Read about
Thanksgiving.

20 **Meal Time:**
Skip the chips
and have a
crunchy fruit
or vegetable.

21 **To Do Together:**
Draw a picture
and write a note
about what you're
thankful for and
send to a family
member.

22 **Grocery Store:**
As you pick fruits
and vegetables,
have your child
match colors.

23 **Snack Time:**
Have your
child name
four vegetables
and pick one
for a snack.

24

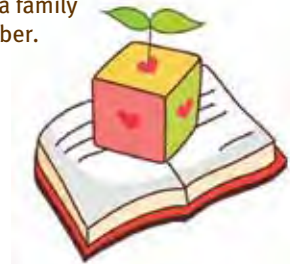
25 **Library Day**



26 **Thanksgiving**

27 **Be with Me:**
Have your child
share a story
with a family
member.

28



29 **Letter Time:**
Sing the 'ABC'
song together.



30 **Memory Game:**
Have your child
match socks as
you fold laundry
or dishes as you
dry them.

**November is Good
Nutrition Month**

Cozy Up Inside and Read These Books in November:

Red Leaf, Yellow Leaf by Lois Ehlert

Apples and Pumpkins by Anne Rockwell

Thanksgiving is for Giving Thanks by Margaret Sutherland

10 Fat Turkeys by Tony Johnston

Gregory, the Terrible Eater by Mitchell Sharmat

Eat Healthy, Feel Great by William Sears

Eating the Alphabet: Fruits and Vegetables from A to Z by Lois Ehlert

