

September

Teach your child how to solve problems.

Help your child discover things that go together.

- Cut out pictures of things that go together such as flowers and a vase.
- Collect real objects that go together such as a comb and brush.
- Separate your pictures and objects and ask your child to match them.

Provide opportunities to experience challenges.

- Give your child lots of time to play with other children.
- Encourage activities such as blocks, crayons, play dough or dress-up.
- Create movement patterns and ask your child to repeat them.

Example: step-step-jump, step-step-jump



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

- 1** **Plan Ahead:**
Make and enjoy healthy breakfasts this month!

2

- 3** **Library Day**



- 4** **Read to Me:**
Have your child turn the pages as you read a book.

- 5** **Be with Me:**
Play a board or card game that teaches matching.

- 6** **Yellow Week:**
Look for things that are yellow this week.



- 7** **Labor Day**

- 8** **Learn Colors:**
Eat a fruit or vegetable that is yellow.



9

- 10** **Letter Time:**
Find food items or animals that begin with the same letter.

11

- 12** **Be with Me:**
Let your child pick a puzzle and solve it together.

13 Grandparents Day

Have your child make a gift to celebrate!



14 Numbers and Counting:

Practice counting from 1 to 10.

15

16 National Step-family Day

Mayflower Day

17 Library Day



18

19 Rosh Hashanah

Play outside:
Ask your child to repeat patterns: step-step-jump; clap-clap-pat, etc.

20 Play Time:

Have your child invite friends over to play dress-up.



21

22 Fall Begins

23



24 What . . . ?

Rhymes with the word cat?

25



26 Johnny Appleseed's Birthday



27 To Do Together:

Take a drive or a walk in the park to explore the changing colors of leaves.

28 Yom Kippur

29 Letter Time:

Find things that begin with the letter "C."

30



Books Perfect for September:

Jobs Around My Neighborhood by Gladys Rosa-Mendoza (English/Spanish series)
Hooray for Grandparents by Nancy Carlson
The Night Before Kindergarten by Natasha Wing
Welcome to Kindergarten by Anne Rockwell
How Do Dinosaurs Go To School by Jane Yolen
The Grandma Book by Todd Parr
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September is Better Breakfast Month!

